

# 2022

## Januar

## Februar

## Marts

## April

## Maj

## Juni

L 1	Nytårsdag	T 1	T 1	F 1	S 1	Første maj	O 1		
S 2		O 2	O 2	Mindfulness Instruktør Forløb	L 2	M 2	18	T 2	
M 3	1	T 3	T 3	S 3	T 3	T 3	F 3		
T 4		F 4	F 4	M 4	14	O 4	Mindfulness Instruktør Forløb	L 4	
O 5		L 5	L 5	T 5	T 5	T 5	S 5	Pinsedag/grundlovsdag	
T 6		S 6	S 6	O 6	F 6	F 6	M 6	2. pinsedag	23
F 7		M 7	6	M 7	10	T 7	L 7	T 7	
L 8		T 8	T 8	F 8	S 8	S 8	O 8	Mind & Spirit Lightweaver	
S 9		O 9	O 9	L 9	M 9	19	T 9		
M 10	Mind & Spirit Mentor	2	T 10	T 10	S 10	T 10	F 10		
T 11	Mind & Spirit Mentor	F 11	F 11	M 11	15	O 11	Mind & Spirit Lightweaver	L 11	
O 12	Mind & Spirit Mentor	L 12	L 12	T 12	T 12	T 12	S 12		
T 13	Mind & Spirit Mentor	S 13	S 13	O 13	F 13	Store bededag	M 13	24	
F 14	Mind & Spirit Mentor	7	M 14	11	T 14	Skærtorsdag	L 14	T 14	
L 15		T 15	T 15	F 15	Langfredag	S 15	O 15		
S 16		O 16	O 16	Mindfulness Instruktør Forløb	L 16	M 16	20	T 16	
M 17	3	T 17	T 17	S 17	Påskedag	T 17	F 17		
T 18		F 18	F 18	M 18	2. påskedag	16	O 18	L 18	
O 19		L 19	L 19	T 19	T 19	T 19	S 19		
T 20		S 20	S 20	O 20	Mindfulness Instruktør Forløb	F 20	M 20	25	
F 21		M 21	Life Mastery Master Coach	8	M 21	12	T 21	L 21	T 21
L 22		T 22	Life Mastery Master Coach 21-22	T 22	F 22	S 22	O 22	Mind & Spirit Lightweaver	
S 23		O 23	Life Mastery Master Coach 21-22	O 23	L 23	M 23	21	T 23	
M 24	Life Mastery Master Coach	4	T 24	T 24	S 24	T 24	F 24		
T 25	Life Mastery Master Coach 21-22	F 25	F 25	M 25	17	O 25	Mind & Spirit Lightweaver	L 25	
O 26	Life Mastery Master Coach 21-22	L 26	L 26	T 26	T 26	Kristi himmelfartsdag	S 26		
T 27		S 27	S 27	O 27	Mind & Spirit Lightweaver	F 27	M 27	26	
F 28		M 28	9	M 28	13	T 28	L 28	T 28	
L 29			T 29	F 29	S 29	S 29	O 29		
S 30			O 30	Mindfulness Instruktør Forløb	L 30	M 30	22	T 30	
M 31	5		T 31	T 31	T 31				

# 2022

## Juli

## August

## September

## Oktober

## November

## December

F 1	M 1 <b>31</b>	T 1	L 1	T 1	T 1
L 2	T 2	F 2	S 2	O 2 ONLINE Mindfulness Instruktør	F 2
S 3	O 3	L 3	M 3 Mirror Facilitator <b>40</b>	T 3	L 3
M 4 <b>27</b>	T 4	S 4	T 4 Mirror Facilitator	F 4	S 4
T 5	F 5	M 5 <b>36</b>	O 5 Mirror Facilitator	L 5	M 5 <b>49</b>
O 6	L 6	T 6	T 6	S 6	T 6
T 7	S 7	O 7	F 7	M 7 <b>45</b>	O 7 ONLINE Mindfulness Instruktør
F 8	M 8 <b>32</b>	T 8	L 8	T 8	T 8
L 9	T 9	F 9	S 9	O 9 ONLINE Mindfulness Instruktør	F 9
S 10	O 10	L 10	M 10 <b>41</b>	T 10	L 10
M 11 <b>28</b>	T 11	S 11	T 11	F 11	S 11
T 12	F 12	M 12 <b>37</b>	O 12	L 12	M 12 Life Mastery Master Coach <b>50</b>
O 13	L 13	T 13	T 13	S 13	T 13 Life Mastery Master Coach 22-23
T 14	S 14	O 14	F 14	M 14 <b>46</b>	O 14 Life Mastery Master Coach 22-23
F 15	M 15 <b>33</b>	T 15	L 15	T 15	T 15
L 16	T 16	F 16	S 16	O 16 ONLINE Mindfulness Instruktør	F 16
S 17	O 17	L 17	M 17 <b>42</b>	T 17	L 17
M 18 <b>29</b>	T 18	S 18	T 18	F 18	S 18
T 19	F 19	M 19 <b>38</b>	O 19	L 19	M 19 <b>51</b>
O 20	L 20	T 20	T 20	S 20	T 20
T 21	S 21	O 21	F 21	M 21 Life Mastery Master Training <b>47</b>	O 21
F 22	M 22 Mirror Facilitator <b>34</b>	T 22	L 22	T 22 Life Mastery Master Training	T 22
L 23	T 23 Mirror Facilitator	F 23	S 23	O 23 Life Mastery Master Training	F 23
S 24	O 24 Mirror Facilitator	L 24	M 24 Life Mastery Master Training <b>43</b>	T 24	L 24 Juleaften
M 25 <b>30</b>	T 25	S 25	T 25 Life Mastery Master Training	F 25	S 25 Juledag
T 26	F 26	M 26 Life Mastery Master Training <b>39</b>	O 26 Life Mastery Master Training	L 26	M 26 2. juledag <b>52</b>
O 27	L 27	T 27 Life Mastery Master Training	T 27	S 27	T 27
T 28	S 28	O 28 Life Mastery Master Training	F 28	M 28 <b>48</b>	O 28
F 29	M 29 <b>35</b>	T 29	L 29	T 29	T 29
L 30	T 30	F 30	S 30	O 30 ONLINE Mindfulness Instruktør	F 30
S 31	O 31		M 31 <b>44</b>		L 31 Nytårsaften

# 2023

## Januar

## Februar

## Marts

## April

## Maj

## Juni

S 1	Nytårsdag	O 1	Mindfulness Instruktør Forløb	L 1		M 1	Første maj	18	T 1			
M 2	1	T 2		S 2		T 2			F 2			
T 3		F 3		M 3	14	O 3	Mind & Spirit Lightweaver		L 3			
O 4		L 4		T 4		T 4			S 4			
T 5		S 5		O 5		F 5	Store bededag		M 5 Grundlovsdag	23		
F 6		M 6	6	M 6	10	T 6	Skærtorsdag		L 6		T 6	
L 7		T 7		T 7		F 7	Langfredag		S 7		O 7	
S 8		O 8		O 8		L 8		M 8	19		T 8	
M 9	Mind & Spirit Mentor	2	T 9	T 9		S 9	Påskedag		T 9		F 9	
T 10	Mind & Spirit Mentor		F 10	F 10		M 10	2. påskedag	15	O 10		L 10	
O 11	Mind & Spirit Mentor		L 11	L 11		T 11			T 11		S 11	
T 12	Mind & Spirit Mentor		S 12	S 12		O 12	Mindfulness Instruktør Forløb		F 12		M 12	24
F 13	Mind & Spirit Mentor	7	M 13	M 13	11	T 13			L 13		T 13	
L 14		T 14		T 14		F 14			S 14		O 14	Mind & Spirit Lightweaver
S 15		O 15		O 15	Mindfulness Instruktør Forløb	L 15		M 15	20		T 15	
M 16	3	T 16		T 16		S 16			T 16		F 16	
T 17		F 17		F 17		M 17	16	O 17	Mind & Spirit Lightweaver		L 17	
O 18		L 18		L 18		T 18		T 18	Kristi himmelfartsdag		S 18	
T 19		S 19		S 19		O 19	Mind & Spirit Lightweaver		F 19		M 19	25
F 20		M 20	Life Mastery Master Coach	8	M 20	12	T 20		L 20		T 20	
L 21		T 21	Life Mastery Master Coach 22-23		T 21		F 21		S 21		O 21	
S 22		O 22	Life Mastery Master Coach 22-23		O 22		L 22		M 22	21		T 22
M 23	Life Mastery Master Coach	4	T 23	T 23		S 23			T 23		F 23	
T 24	Life Mastery Master Coach 22-23		F 24	F 24		M 24	17	O 24			L 24	
O 25	Life Mastery Master Coach 22-23		L 25	L 25		T 25			T 25		S 25	
T 26		S 26		S 26		O 26	Mindfulness Instruktør Forløb		F 26		M 26	26
F 27		M 27	9	M 27	13	T 27			L 27		T 27	
L 28		T 28		T 28		F 28		S 28	Pinsedag		O 28	
S 29				O 29	Mindfulness Instruktør Forløb	L 29		M 29	2. pinsedag	22		T 29
M 30	5			T 30		S 30			T 30		F 30	
T 31				F 31				O 31	Mind & Spirit Lightweaver			

# 2023

## Juli

## August

## September

## Oktober

## November

## December

L 1	T 1	F 1	S 1	O 1	ONLINE Mindfulness Instruktør	F 1
S 2	O 2	L 2	M 2	Mirror Facilitator	40	T 2
M 3	27	T 3	S 3	Mirror Facilitator		F 3
T 4	F 4	M 4	36	Mirror Facilitator		L 4
O 5	L 5	T 5	T 5	S 5		T 5
T 6	S 6	O 6	F 6	M 6	45	O 6
F 7	M 7	32	T 7	L 7		T 7
L 8	T 8	F 8	S 8	O 8	ONLINE Mindfulness Instruktør	F 8
S 9	O 9	L 9	M 9	41	T 9	L 9
M 10	28	T 10	S 10	T 10	F 10	S 10
T 11	F 11	M 11	37	O 11	L 11	M 11
O 12	L 12	T 12	T 12	S 12		T 12
T 13	S 13	O 13	F 13	M 13	46	O 13
F 14	M 14	33	T 14	L 14		T 14
L 15	T 15	F 15	S 15	O 15	ONLINE Mindfulness Instruktør	F 15
S 16	O 16	L 16	M 16	42	T 16	L 16
M 17	29	T 17	S 17	T 17	F 17	S 17
T 18	F 18	M 18	38	O 18	L 18	M 18
O 19	L 19	T 19	T 19	S 19		T 19
T 20	S 20	O 20	F 20	M 20	Life Mastery Master Training	47
F 21	M 21	Mirror Facilitator	34	T 21	Life Mastery Master Training	T 21
L 22	T 22	Mirror Facilitator		S 22	Life Mastery Master Training	F 22
S 23	O 23	Mirror Facilitator		M 23	Life Mastery Master Training	43
M 24	30	T 24	S 24	T 24	Life Mastery Master Training	F 24
T 25	F 25	M 25	Life Mastery Master Training	39	O 25	Life Mastery Master Training
O 26	L 26	T 26	Life Mastery Master Training		L 25	
T 27	S 27	O 27	Life Mastery Master Training		M 27	48
F 28	M 28	35	T 28	L 28	T 28	T 28
L 29	T 29	F 29	S 29	O 29	ONLINE Mindfulness Instruktør	F 29
S 30	O 30	L 30	M 30	44	T 30	L 30
M 31	31	T 31	T 31		S 31	Nytårsaften

# 2024

## Januar

## Februar

## Marts

## April

## Maj

## Juni

M 1	Nytårsdag	1	T 1	F 1	M 1	2. påskedag	14	O 1	1. maj	L 1		
T 2			F 2	L 2	T 2			T 2		S 2		
O 3			L 3	S 3	O 3	Mindfulness Instruktør Forløb		F 3		M 3	23	
T 4			S 4	M 4	10	T 4		L 4		T 4		
F 5			M 5	6	T 5			F 5		S 5	O 5	Grundlovsdag
L 6			T 6	O 6	Mindfulness Instruktør Forløb	L 6		M 6		19	T 6	
S 7			O 7	T 7		S 7		T 7		F 7		
M 8	Mind & Spirit Mentor	2	T 8	F 8	M 8	15	O 8	Mindfulness Instruktør Forløb	L 8			
T 9	Mind & Spirit Mentor		F 9	L 9	T 9		T 9	Kristi himmelfartsdag	S 9			
O 10	Mind & Spirit Mentor		L 10	S 10	O 10		F 10		M 10	24		
T 11	Mind & Spirit Mentor		S 11	M 11	11	T 11	L 11		T 11			
F 12	Mind & Spirit Mentor		M 12	7	T 12		F 12		S 12	O 12	Mind & Spirit Lightweaver	
L 13			T 13	O 13	L 13		M 13		20	T 13		
S 14			O 14	T 14	S 14		T 14		F 14			
M 15		3	T 15	F 15	M 15	16	O 15	Mind & Spirit Lightweaver	L 15			
T 16			F 16	L 16	T 16		T 16		S 16			
O 17			L 17	S 17	O 17	Mindfulness Instruktør Forløb	F 17		M 17	25		
T 18			S 18	M 18	12	T 18	L 18		T 18			
F 19			M 19	Life Mastery Master Coach	8	T 19	F 19	S 19	Pinsedag	O 19		
L 20			T 20	Life Mastery Master Coach 23-24	O 20	Mindfulness Instruktør Forløb	L 20	M 20	2. pinsedag	21	T 20	
S 21			O 21	Life Mastery Master Coach 23-24	T 21		S 21	T 21		F 21		
M 22	Life Mastery Master Coach	4	T 22	F 22	M 22	17	O 22		L 22			
T 23	Life Mastery Master Coach 23-24		F 23	L 23	T 23		T 23		S 23			
O 24	Life Mastery Master Coach 23-24		L 24	S 24	O 24	Mind & Spirit Lightweaver	F 24		M 24	26		
T 25			S 25	M 25	13	T 25	L 25		T 25			
F 26			M 26	9	T 26		F 26	Store bededag	S 26	O 26	Mind & Spirit Lightweaver	
L 27			T 27	O 27	L 27		M 27		22	T 27		
S 28			O 28	T 28	Skærtorsdag	S 28	T 28		F 28			
M 29		5	T 29	F 29	Langfredag	M 29	18	O 29	Mind & Spirit Lightweaver	L 29		
T 30				L 30		T 30		T 30		S 30		
O 31				S 31	Påskedag			F 31				

# 2024

## Juli

## August

## September

## Oktober

## November

## December

M 1	27	T 1	S 1	T 1	Mirror Facilitator	F 1	S 1			
T 2		F 2	M 2	36	O 2	Mirror Facilitator	L 2	M 2	49	
O 3		L 3	T 3		T 3		S 3	T 3		
T 4		S 4	O 4		F 4		M 4	45	O 4	ONLINE Mindfulness Instruktør
F 5		M 5	32	T 5	L 5		T 5		T 5	
L 6		T 6	F 6		S 6		O 6	ONLINE Mindfulness Instruktør	F 6	
S 7		O 7	L 7		M 7	41	T 7		L 7	
M 8	28	T 8	S 8		T 8		F 8		S 8	
T 9		F 9	M 9	37	O 9		L 9		M 9	Life Mastery Master Coach 50
O 10		L 10	T 10		T 10		S 10		T 10	Life Mastery Master Coach 24-25
T 11		S 11	O 11		F 11		M 11	46	O 11	Life Mastery Master Coach 24-25
F 12		M 12	33	T 12	L 12		T 12		T 12	
L 13		T 13	F 13		S 13		O 13	ONLINE Mindfulness Instruktør	F 13	
S 14		O 14	L 14		M 14	42	T 14		L 14	
M 15	29	T 15	S 15		T 15		F 15		S 15	
T 16		F 16	M 16	38	O 16		L 16		M 16	51
O 17		L 17	T 17		T 17		S 17		T 17	
T 18		S 18	O 18		F 18		M 18	Life Mastery Master Training 47	O 18	
F 19		M 19	Mirror Facilitator 34	T 19	L 19		T 19	Life Mastery Master Training	T 19	
L 20		T 20	Mirror Facilitator	F 20	S 20		O 20	Life Mastery Master Training	F 20	
S 21		O 21	Mirror Facilitator	L 21	M 21	Life Mastery Master Training 43	T 21		L 21	
M 22	30	T 22	S 22		T 22	Life Mastery Master Training	F 22		S 22	
T 23		F 23	M 23	Life Mastery Master Training 39	O 23	Life Mastery Master Training	L 23		M 23	52
O 24		L 24	T 24	Life Mastery Master Training	T 24		S 24		T 24	Juleaften
T 25		S 25	O 25	Life Mastery Master Training	F 25		M 25	48	O 25	Juledag
F 26		M 26	35	T 26	L 26		T 26		T 26	2. juledag
L 27		T 27	F 27		S 27		O 27	ONLINE Mindfulness Instruktør	F 27	
S 28		O 28	L 28		M 28	44	T 28		L 28	
M 29	31	T 29	S 29		T 29		F 29		S 29	
T 30		F 30	M 30	Mirror Facilitator 40	O 30	ONLINE Mindfulness Instruktør	L 30		M 30	1
O 31		L 31			T 31				T 31	Nytårsaften